



SAMSARA
ACADEMY OF ART



3 WEEK INTENSIVE WORKSHOP
DRAWING & PAINTING

3 WEEK INTENSIVE WORKSHOP DRAWING | PAINTING

In this course, students will learn the fundamentals of Drawing and Painting in a method very similar to that experienced by our full-time students. The method of practice is based on centuries of studio practice and based on how old masters studied art principles. The faculty will guide the students in working independently and progressing step by step.

The study is divided into two types. Studio sessions and Model Sessions. It begins with teaching drawing principles, particularly from life and the Old Masters.

The Three-week Intensive Course is designed to further develop the student's drawing accuracy and understanding value relationships. All exercises working from life will continue to challenge the student to select information directly from nature and translate it with greater accuracy in both pencil and paint.



O1 SCHEDULE

The workshop is from May 11, 2026, to May 29, 2026. It is held every Monday to Friday from 10 AM to 7:30 PM.

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10 am -1 pm	Setup & Demo	Bargue Study	Bargue Study	Bargue Study	Bargue Study	Figure Drawing
LUNCH BREAK						
2 pm – 5 pm	Bargue Study	Figure Drawing	Figure Drawing	Figure Drawing	Figure Drawing	
5:30 pm – 7:30 pm				Value Theory		

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10 am -1 pm	Bargue Study	Bargue Study	Bargue Study	Still Life Painting	Still Life Painting	Figure Painting
LUNCH BREAK						
2 pm – 5 pm	Figure Drawing	Figure Drawing	Figure Drawing	Figure Painting	Figure Painting	
5:30 pm – 7:30 pm				Colour Theory		

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10 am -1 pm	Still Life Painting	Still Life Painting	Still Life Painting	Still Life Painting	Still Life Painting	
LUNCH BREAK						
2 pm – 5 pm	Figure Painting	Figure Painting	Figure Painting	Figure Painting	Figure Painting	
5:30 pm – 7:30 pm					Group Critique Conclusion	

Note: Students can attend optional short evening practice sessions from 5:30 to 7:30 pm for practice.

O2 MATERIALS

PAINTING MATERIALS

Students only interested in learning Painting need to bring these materials. Not for students who prefer to draw in all sessions.

PAINTING SUPPORTS

Canvas will be **provided**.

PALETTE

Any Palette (**Must be Grey**) or buy a 2-3 mm Transparent or Grey Acrylic Sheet 12” x 12” from Amazon.

Recommend New Wave Expressionist Confidant Grey Palette if you want a permanent professional palette for life.

<https://hakimistationers.in/product/new-wave-expressionist-confidant-hand-held-maple-wood-artist-palettes-grey-stain/>



OIL PAINT

Winsor & Newton or Gamblin Colours.

Basic Full Palette

- Titanium Zinc White or Titanium White
- Yellow Ochre by Gamblin or Chrome Yellow Hue/ Yellow Ochre Light / Yellow Ochre Pale by Winsor Newton (**Important**)
- Cadmium Red Medium
- Burnt Sienna (Winsor & Newton) or Transparent Red Oxide
- Ultramarine Blue
- Any one Green you might have, such as (Phthalo, Viridian)
- Ivory Black (Optional)

*You are welcome to add any additional colours to your palette at your own discretion.

O2 MATERIALS

BRUSHES

- Bristle White Filbert Brushes (Series 1008) (at least 6 different sizes)
- Bristle Round Green Gold Round/Filbert (Series 1800) Brushes (at least 4 different sizes)
- Fan Brush (Medium to Large Size)

Note: Don't buy Golden Synthetic Taklon Brushes



MEDIUM (SOLVENT & OIL)

- Worison Oil and Acrylic Odorless Cleaner ([Available on Amazon](#))
or Marie's Odorless Mineral spirit
or Gamsol or Sansador
- Refined Linseed Oil



Note: Do not Bring Turpentine as it is harmful to health and not allowed in the academy.

O2 MATERIALS

OTHERS

- Palette Knife Tear Drop Shape. Should be flexible.
- Kitchen Roll or Rag
- Stainless Steel Brush Cleaner
- Medium Cups with lid
- 4 inch Bar Clamps /Photography Clamp



OPTIONAL MATERIALS

- Retouch Varnish
- Final Varnish (Gamvar by Gamblin)



O3 FINE ART STORES

ART LOUNGE | MUMBAI

www.artlounge.in

3A Karim Chambers, | Kala Ghoda
Phone: 75990 55055

SITARAM STATIONERS | DELHI

www.sitaramstationers.com

J-5 Central Market, Lajpat Nagar
Phone: 98109 39394 |96503 38339

CREATIVE HANDS | KOLKATA

www.creativehands.in

B 303 Axis Mall, Newtown | 700156
Phone: 9674044111| mail@creativehands.in

HIMALAYA FINE ART | MUMBAI

www.himalayafineart.com

3 Himalya House, 79 Palton Road
Phone: 70452 54085

HINDUSTAN TRADING | CHENNAI

www.htconline.in

Justice Pratap Building
600014 Chennai
Phone: 97909 95771| 86109 27410

HAKIMI STATIONERS, MUMBAI

www.hakimistationer.in

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